

Our Schedule

	William	Lucas	Mommy
8:00			shower
8:15	wake up, get dressed	wake up, get dressed	dress Lucas
8:30	play in room	blanket time (upstairs)	hair & makeup
9:00	breakfast	breakfast	breakfast
9:30	clean up/free play	playpen time	dishes
10:00	sibling playtime in room	sibling playtime in W's room	upstairs chores
10:15	room time	nap transition	nap transition
10:30	room time	nap	computer
11:00	room time	wake/free play	computer
11:15	phonics with Mommy	blanket time (downstairs)	phonics with W
11:45	lunch	lunch	feed Lucas
12:15	take W to school	take W to school	take W to school
12:30	school	read with Mommy	read to Lucas
12:45	school	nap transition	nap transition
1:00	school	nap	lunch/work/chores
3:05	pick up W	pick up W	pick up W
3:30	snack at Starbucks	snack at Starbucks	Starbucks
4:00	gym (free play)	gym (free play)	gym
5:30	quiet sit time	quiet sit time	read
6:00	TV time	playpen time	make dinner
6:30	dinner	dinner	dinner
7:00	dinner/free play	dinner/free play	dinner/free time
7:30	free play	free play	couch time
7:45	clean up	clean up	dishes
8:00	bath	bath	
8:30	jammies/read	read/bed	
8:45	bed		
11:00			get ready for bed
11:15			read
12:00			lights out

Nice weather variation

3:30	walk to Starbucks	walk to Starbucks	walk to Starbucks
4:30	park/ride bikes	park/ride bikes	park/ride bikes

Free play activities for William: read, Legos, play games, foam shapes, homework, color/art, worksheets, preschool books, cook, music